



Course Materials

The following texts are required for this class: Barsky, A. (2022). *Essential Ethics for Social Work Practice*, 1st ed. Oxford Press.

Additional multi-media and content will be posted to Canvas.

Course Objectives

Students who successfully complete this course will be able to:

- 1. Analyze the NASW Code of Ethics, Guidelines for Ethical Practice as well other professional Standards of Practice as they relate to ethical decision making.
- 2. Distinguish personal value systems and their impact on professional behavior.
- 3. Apply an ethical decision making framework to a complex ethical dilemma.
- 4. Discuss ethical issues that may arise in a variety of settings and organizational contexts and use consultation, when needed.
- 5. Examine the ethical use of technology.
- 6. Discuss an anti-racist framework in relationship to ethical decision making.
- 7. Apply social justice principles to ethical decision making in relation to vulnerable, diverse populations.

Social Work Core Competencies

Graduates of accredited social work programs should demonstrate competency in the nine areas listed below, as defined by the Council on Social Work Education (CSWE). As articulated by CSWE, "Social work competence is the ability to integrate and apply social work knowledge, values, and skills to practice situations in a purposeful, intentional, and professional manner to promote human and community well-being" (2022 EPAS). This course addresses many of these areas of competency as indicated under "course objectives" above.

1. Demonstrate Ethical and Professional Behavior

Social Work 303 Ethical Practice in the Helping Professions, section 2 Fall 2023 Online/Asynchronous Instructor: Margaret Kubek, MSW, MS Office Location: Sciences Building, B341 Student Time: Thursdays on Zoom, 10am-noon Drop-in ZoomRoom time: TBD via poll Email: mkubek@uwsp.edu

Course Description

Social workers and other helping professionals consistently face ethical issues and dilemmas requiring ethical decision making and critical thinking. This course focuses on acquiring and practicing the skills of ethical decision-making, including values clarification, application of ethical theory, utilization of codes of ethics, and models of ethical analysis. Complex ethical issues will be discussed, with the goal of building competencies for meeting the contemporary challenges of practice. The unique ethical needs of diverse, vulnerable populations will be explored.

Essential Ethics for Social Work Practice



Allan Edward Barsky

- 2. Advance Human Rights and Social, Racial, Economic, and Environmental Justice.
- 3. Engage Anti-Racism, Diversity, Equity, and Inclusion (ADEI) in Practice
- 4. Engage in Research-Informed Practice and Practice-Informed Research
- 5. Engage in Policy Practice
- 6. Engage with Individuals, Families, Groups, Organizations, and Communities
- 7. Assess Individuals, Families, Groups, Organizations, and Communities
- 8. Intervene with Individuals, Families, Groups, Organizations and Communities
- 9. Evaluate Practice with Individuals, Families, Groups, Organizations, and Communities.

Course Requirements

SMALL GROUPS DISCUSSIONS	130 points	Gradin	g Scale	
	1			Percent
WEEKLY ACTIVITIES	130 points	А	=	94-100
WEEKET ACTIVITIES	150 points	A-	=	91-93
	00	B+	=	88-90
INTERVIEWS:	90 points	В	=	84-87
• Interview #1 (45 pts)		В-	=	81-83
• Interview #2 (45 pts)		C+	=	78-80
		С	=	74-77
		C-	=	71-73
EXAMS:		D+	=	68-70
Mid-term Exam	50 points	D	=	60-67
• Final Exam	<u>50 points</u>	F	=	59 and below
Total:	450 points	L		

Course Format

This course is offered online and asynchronously. This means that we will not have meetings in person or on Zoom. Students are responsible for consistently and intentionally engaging with all materials assigned for this course.

The course format is laid out in Canvas and includes mini-lectures, small group discussions in Canvas, reading and reflection, weekly activities, and the use of multi-media to breathe life into topics and concepts. This format is designed to increase knowledge building as well as skill building. The components of the format are intended to help you absorb the knowledge, values, and skills essential for effective social work practice and practice in other helping professions.

PROFESSIONAL BEHAVIOR AND ASYNCHRONOUS CLASSROOM EXPECTATIONS

Social Work Program Academic and Professional Expectations

The Social Work Program at UWSP takes seriously the responsibility to prepare and graduate generalist social work practitioners who demonstrate a strong commitment to the six core values of the social work profession. Students will be held accountable to demonstrate positive academic and professional behaviors in all aspects of our program. Failure to meet expectations may result in further action, such as a developing a plan for improvement or delaying participation in social work field.

SOCIAL WORK CORE VALUE	Students Demonstrate Values when they:
DIGNITY AND WORTH OF THE PERSON	 Use basic courtesy in interactions with others Refrain from behaviors that interfere with the learning process Speak and behave in ways that show respect for persons with individual differences or members of diverse communities

IMPORTANCE OF HUMAN RELATIONSHIPS	• Develop and maintain positive working	
	relationships with others	
	• Demonstrate respect for others	
	Engage in effective communication	
	 Accept responsibility for own behavior 	
	• Use appropriate problem-solving and conflict	
	resolution skills	
INTEGRITY	Complete their own work	
	• Maintain academic and professional honesty in all	
	interactions	
COMPETENCE	Consistently engage with course materials online	
	• Remain attentive throughout the course	
	• Participate in academic and professional learning	
	activities	
	Read all assigned materials	
	Produce quality work	
	Submit work on time	
	• Prepare for meetings, presentations, and exams	
	Respectfully give and receive feedback	
SERVICE	Engage in learning opportunities to strengthen	
	professional development	
	• Actively participate in service opportunities on	
	campus and in the community	
SOCIAL JUSTICE	• Recognize that discrimination and oppression exist	
	• Acknowledge their own bias and privilege	
	• Advocate for social, economic, and environmental	
	change	
	• Listen to and honor the voices of others	

COMMITMENT TO STUDENT WELLNESS

The University of Wisconsin-Stevens Point is committed to the safety and success of all students. The Office of the Dean of Students supports the campus community by reaching out and providing resources in areas where a student may be struggling or experiencing barriers to their success.

The last few years have been a stressful time for us all due to the lingering effects of the pandemic. In addition, you may be experiencing a range of other issues that can create barriers to learning, such as tense relationships, anxiety, alcohol/drug issues, feeling down, difficulty concentrating, or lack of motivation. These mental health concerns or stressful events may lead to weakened academic performance or a decreased ability to participate in daily life. UWSP is committed to advancing the mental health and well-being of its students. If you or someone you know is feeling overwhelmed, depressed, and/or in need of support, please be aware that services are available.

You can learn more about the broad range of confidential mental health services available on campus here: <u>https://www3.uwsp.edu/counseling/Pages/default.aspx?gclid=Cj0KCQjw3JanBhCPARIsAJpXTx5C5xE0P51z-IDP9ezUMZjVU8P-tEvUdbYTLDjrMJB4Ho2O1L3Wt6MaAptmEALw_wcB</u>

For physical health concerns, please see information here: <u>https://www3.uwsp.edu/stuhealth/Pages/default.aspx</u>

As your instructor, I may contact the Office of the Dean of Students if I sense you are in need of additional support which individually I may not be able to provide. You may also share a concern if you or another member of our campus community needs support, is distressed, or exhibits concerning behavior that is interfering with the academic or personal success or the safety of others, by reporting <u>here</u>.

Best Practices for Course Learning

Learning how to learn effectively is a skill all by itself! To get the most out of this course, I recommend the following:

- Set up a schedule for your engagement with materials in Canvas, readings, and assignments; be consistent with this schedule.
- Take notes on what you read, either directly in the book or somewhere else, and jot down all of the questions you have.
- Test yourself on what you have read by trying to summarize key points without looking back at the text.
- Ask questions! During our online time, in office hours, and asynchronously over email or Canvas. I welcome all questions and will address them individually with you, or collectively in Canvas.

Review these Online Learning Resources from UWSP's Tutoring and Learning Center (TLC).

What is Student Time?

This is an opportunity for us to meet one-on-one or in small groups to discuss assignments, attendance, concepts covered in the textbook or mini-lectures, future career goals, etc. I enjoy meeting with students one-on-one so please take advantage of this time. My Zoom office hours for this semester are Thursdays from 10am – noon, but I can meet at other times as well. As a class, we will decide the best time for a weekly drop in "Zoomroom."

Attendance and Class Participation

You are expected to engage in online learning activities fully prepared, engaged, and participatory. Readings, discussion posts and responses, engaging with the recorded lectures, and assignments are to be completed on time. You will participate in online discussions in a civil, inclusive, and professional manner. The practice of professionalism in the online classroom provides a foundation for future practice.

Late assignments

You are expected to complete course work by the date that it is due. You are responsible for contacting me to negotiate for an alternate due date; you must do this **BEFORE THE DUE DATE**. Please be aware that I do not check email consistently on the weekends; as such, if you want to request an extension you will want to send that request prior to Friday at 4pm. Requesting an extension does not automatically mean that you will receive one. No assignments will be accepted if they are turned in more than two weeks past the due date.

With all of this in mind, please note that I am flexible and understanding of people's situations that might prevent an assignment from being turned in on time. Please keep the lines of communication with me open!

Workload Expectation

An online course requires a high level of organization and engagement; moreover, it may feel like there is more to do because we are not meeting in person on a weekly basis. Asynchronous courses, where the materials are available on demand in Canvas, require that you actively seek out and engage with materials as compared with the classroom setting where there is lecture and time for discussion set up for you. As such, compared to a traditional classroom, an online class requires greater self-motivation and discipline. More than likely, you will have daily contact with this course which might occur through reading, writing, taking a quiz, or sharing your thoughts in the small group discussions.

Expect to spend 6+ hours per week on this course:

3 hours = time you would normally be in class

3+ hours = reading, small group discussions, weekly activities, and major assignments

Professional Communication

Our communication in this class will occur virtually through Canvas, email, Zoom, or cell. Please use professional writing when communicating with me by email. Professional communication via email includes: an email with a greeting and closing, spell check, and grammar review. Students who send emails that are received between 8 AM and 4:00 PM, Monday through Friday, can expect a response by the close of the

following business day; *if you do not receive a response from me after 48 hours, please resend the email.* Please keep in mind that I rarely check emails after 4:00 PM on weekdays or over the weekend.

If you would like to chat in Zoom or in person, you may send me an email to set that up. However, if your question is related to a more general matter, consider posting it to the pinned discussion in Canvas so that all may benefit. I welcome the opportunity to meet with students via Zoom, cell, or email to discuss assignments and/or course content.

Civility and Respect for Diversity

To have meaningful, rich, and substantive dialogue in your small group discussions, please keep the following in mind:

- Keep an open mind with respect to others' opinions. We want a robust dialogue which can only be fostered and achieved if a minority viewpoint can be expressed without hesitancy.
- Effective discussions often involve some risk taking. I strive to make the online classroom a safe place to practice this kind of risk taking; you are expected to assist in attaining this goal.
- Demonstration of ethical behavior is expected in all aspects of academic performance. Professional/ ethical behavior is expected online and in the completion of assignments. Social workers and human service professionals work with vulnerable populations who must be able to depend on the ethical standards of behavior from the professionals from whom they seek assistance.

There is an expectation that everyone will do their best to use non-sexist, non-racist, gender-neutral, and nonstigmatizing language during discussions and in written work. Some useful guidelines for accomplishing this include:

- When referring to ethnic and racial groups, use the language that is presently acceptable to that group. (you may have to do some research, or connect with me, to achieve this.)
- When referring to people who have intellectual / cognitive and / or emotional challenges, individuals who are homeless, individuals experiencing poverty, etc., present this in a way that does not stigmatize them. Avoid using terms like "the mentally ill", "the disabled", "illegal aliens" or "the homeless". Instead use person-centered language, such as "individuals experiencing mental illness", "people with disabilities", undocumented immigrant or worker, etc. The use of person-centered language is a hallmark of the social work profession.

Inclusivity Statement

It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that the students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally or for other students or student groups. If you have experienced a bias incident (an act of conduct, speech, or expression to which a bias motive is evident as a contributing factor regardless of whether the act is criminal) at UWSP, you have the right to report it using this link. You may also contact the Dean of Students office directly at <u>dos@uwsp.edu</u>.

I commit to doing my part as well by keeping myself informed on the most recent research and practices that best support inclusive learning. I last completed UWSP's Safe Zone training in Spring, 2020.

Confidentiality

The virtual classroom is a safe place for learning, inquiring, and expression; as such, there is a professional standard of confidentiality maintained in the online classroom. An awareness of maintaining confidentiality is of utmost importance in the social work profession.

Technical Assistance

If you need technical assistance at any time during the course or to report a problem with Canvas you can:

- Connect with the <u>Tech Essentials Program</u>
- Seek assistance from the IT Service Desk (Formerly HELP Desk)
 - o IT Service Desk Phone: 715-346-4357 (HELP)
 - 0 IT Service Desk Email: techhelp@uwsp.edu

UNIVERSITY POLICIES AND PROCEDURES

First Nation Land Acknowledgement



We must recognize that the University of Wisconsin-Stevens Point occupies the lands of the Ho Chunk and Menomonee people. Please take a moment to acknowledge and honor this ancestral Ho Chunk and Menomonee land, and the sacred lands of all indigenous peoples.



Beyond this acknowledgement, I encourage you to educate yourself about the indigenous community in Wisconsin and beyond.

University Supports

The Dean of Students Office provides resources and referrals for students experiencing any personal issues or challenges: <u>https://www.uwsp.edu/dos/Pages/stu-personal.aspx</u>.

Rights and Responsibilities

For information on policies and resources associated with being a student at UWSP, please see the Student Handbook at: <u>https://www.uwsp.edu/dos/Pages/handbook.aspx</u>

Policy Related to Sexual Violence on the UWSP Campus

Our school is committed to fostering a safe, productive learning environment. Title IX and our school policy prohibit discrimination on the basis of sex, which includes harassment, domestic and dating violence, sexual assault, and stalking. In the event that you choose to disclose about having survived sexual violence, including harassment, rape, sexual assault, dating violence, domestic violence, or stalking, and specify that this violence occurred while a student at UWSP, federal and state laws mandate that I, as your instructor, notify the Dean of Students.

The Dean of Students or designee will contact you to let you know about accommodations and remedies available at UWSP and in our community. Please see the information on the Dean of Students webpage for information on making confidential reports of misconduct or interpersonal violence, as well as campus and community resources available to students. <u>https://www.uwsp.edu/titleix/Pages/default.aspx</u>

Equal Access for Students with Disabilities

UW-Stevens Point will modify academic program requirements as necessary to ensure that they do not discriminate against qualified applicants or students with disabilities. The modifications should not affect the substance of educational programs or compromise academic standards; nor should they intrude upon academic freedom. Examinations or other procedures used for evaluating students' academic achievements may be adapted. The results of such evaluation must demonstrate the student's achievement in the academic activity, rather than describe his/her disability.

If modifications are required due to a disability, please inform the instructor and contact the <u>Disability</u> <u>Resource Center (DRC)</u> to complete an Accommodations Request form. Email: drc@uwsp.edu; Phone: 715-346-3365 108 Collins Classroom Center (CCC) 1801 4th Ave. Stevens Point, WI 54481 Address: Room 150 518 S. 7th Avenue Wausau, WI 54401

Academic Integrity

Academic Integrity is an expectation of each UW-Stevens Point student; work integrity is also an expectation within the social work practice community. Campus community members are responsible for fostering and upholding an environment in which student learning is fair, just, and honest. Through your studies as a UW-Stevens Point student, it is essential to exhibit the highest level of personal honesty and respect for the intellectual property of others. Academic misconduct is unacceptable. It compromises and disrespects the integrity of our university and those who study here. To maintain academic integrity, a student must only claim work which is the authentic work solely of their own, providing correct citations and credit to others as needed. Cheating, fabrication, plagiarism, unauthorized collaboration, and/or helping others commit these acts are examples of academic misconduct, which can result in disciplinary action. Failure to understand what constitutes academic misconduct does not exempt responsibility from engaging in it. Please see this document for guidance: https://www.uwsp.edu/dos/Documents/AcademicIntegrityBrochure.pdf

Unless specifically mentioned in a course assignment, AI generated submissions, such as ChatGPT, are not permitted and will be treated as plagiarism.

Recording and Sharing Recorded Class Content

Lecture materials and recordings for UWSP classes are protected intellectual property at UW-Stevens Point. Students in this course may use the materials and recordings for their personal use related to participation in this class. Students may also take notes solely for their personal use. If a lecture is not already recorded, you are not authorized to record my lectures without my permission unless you are considered by the university to be a qualified student with a disability requiring accommodation. [Regent Policy Document 4-1] Students may not copy or share lecture materials and recordings outside of class, including posting on internet sites or selling to commercial entities. Students are also prohibited from providing or selling their personal notes to anyone else or being paid for taking notes by any person or commercial firm without the instructor's express written permission. Unauthorized use of these copyrighted lecture materials and recordings and recordings constitutes copyright infringement and may be addressed under the university's policies, UWS Chapters 14 and 17, governing student academic and non-academic misconduct.

READING, ASSIGNMENTS, AND CLASS TOPICS

Readings and multi-media are posted to Canvas. Please be aware that due dates and assignments may need to be changed; you will be made aware of any changes to the course schedule as soon as possible.

READING TIPS

To help you prepare for each class meeting, it is useful to consider each of these questions as you complete assigned readings:

- What are the main points of the reading?
- What points, if any, do you like, agree with or find helpful in terms of understanding ethical issues? Why?
- What points, if any, do you dislike, disagree with or find unhelpful? Why?
- Based on your personal experiences and other readings (academic and non-academic), what other perspectives on the issue might be out there?

I recommend taking handwritten notes while you are doing the readings. This article in Scientific American (06-03-14) suggests that handwritten notes help with learning and deepen understanding of a topic: <u>A Learning</u> <u>Secret: Don't Take Notes with a Laptop</u>

<u>Week</u>	<u>Topics</u>	<u>Textbook</u> <u>Chapter(s)</u>	Activities & Assignments	<u>Due Date</u>
1 09/5-10	Introductions and Course Overview (Content Focus: Competency 1)	Syllabus & Codes of Ethics in Canvas	Weekly Activity Small group discussion	09/10 1 st : 09/07 2 nd : 09/10
2 09/11–17	Social Work Values and Ethics (Content Focus: Competency 1)	1	Weekly Activity Small group discussion	09/17 1 st : 09/14 2 nd 09/17
3 09/18-24	Managing Ethical Issues Social Justice (Content Focus: Competency 1 and 2)	2 3	Weekly Activity Small group discussion	09/24 1 st : 09/21 2 nd : 09/24
4 09/25-10/1	Client Autonomy, Self- determination, and Informed Consent (Content Focus: Competency 1, 6, and 7)	4	Weekly Activity Small group discussion	10/01 1 st : 09/28 2 nd : 10/01
5 10/2-8	Privacy, Confidentiality, and Exceptions (Content Focus: Competency 1 and 6)	5	Weekly Activity Small group discussion	10/08 1 st : 10/05 2 nd : 10/08
6 10/9-15	Professional Competency, Incompetence, and Impairment (Content Focus: Competency 1)	6	Weekly Activity Small group discussion	10/15 1 st : 10/12 2 nd : 10/15
7 10/16-22	Cultural Competence, Humility, Awareness, and Responsiveness (Content Focus: Competency 1, 2, and 3)	7	Weekly Activity Interview #1 Small group discussion	10/22 10/22 1 st : 10/19 2 nd : 10/22
8 10/23-29	No Asynchronous Lecture / Class	No readings	Mid-term Exam Mandated reporter training webinar and quiz	10/29 10/29
9 10/30-11/5	Professional Boundaries, Dual Relationships, and Conflicts of Interest (Content Focus: Competency 1, 6, 7, 8, and 9)	8	Weekly Activity Small group discussion	11/05 1 st : 11/02 2 nd : 11/05
10 11/6-12	Responsibilities in Practice Settings (Content Focus: Competency 1, 6, 7, 8, and 9)	9	Weekly Activity Small group discussion	11/12 1 st : 11/09 2 nd : 11/12

11 11/13-19	Access to Services (Content Focus: Competency 1 and 5)	10	Weekly Activity Small group discussion	11/19 1 st : 11/16 2 nd : 11/19
12 11/20-26	HAPPY BREAK!			
13 11/27-12/3	Honesty and Integrity (Content Focus: Competency 1)	11	Weekly Activity Small group discussion	12/03 1 st : 11/30 2 nd : 12/03
14 12/4-10	Social Work Accountability and Regulation (Content Focus: Competency 1, 5, and 9)	12	Weekly Activity Interview #2 Small group discussion	12/10 12/10 1 st : 12/07 2 nd : 12/10
15 12/11-17	Risk-Benefit Management Conclusion and Wrap-up (Content Focus: Competency 1, 5, and 9)	13 (required) 14 (recommended)	Weekly Activity Final exam Small group discussion	12/17 12/20 1 st : 12/14 2 nd : 12/17

HAPPY BREAK!

ASSIGNMENTS

Small group discussions (130 points, Competency 1-9)

The small group discussions have a three-fold purpose: 1. They will help you build your knowledge and skills for future practice in the helping professions; 2. They will provide an opportunity to discuss case studies centered around ethical dilemmas; 3. They will provide you with alternative perspectives and thoughts about concepts and ideas; 4. They will build community in this online course. Prompts will be provided in Canvas.

Each group will have a maximum of 4 students; as such, you are expected to respond to everyone in your group.

Weekly Activities (130 points, Competencies 1-9)

The purpose of these assignments is to assist you with integrating ideas and concepts from readings and research. Sometimes, these weekly assignments will correlate directly with work for your 2 interviews and/or your small group discussions. Each week you will complete an activity/activities related to course content or upcoming assignments. These activities are intended to facilitate critical thinking and a deeper understanding of course content.

INTERVIEWS

Interview #1: Ethnographic Interview (45 points, Competency 1 and 3)

Due October 22nd

The purpose of this interview is to facilitate a discussion with an individual who is from a cultural or diversity group which is different from your own. Throughout the process of preparing and executing the interview, you will apply the practice of anti-racism, diversity, equity, and inclusion by incorporating cultural awareness, humility, and responsiveness.

See page 171, question #10 in the textbook.

Interview #2: Professional Interview (45 points, Competency 1, 2, and 3) Due December 10th

The pupose of this interview is to facilitate a conversation / interview with an individual who manages ethical dilemmas in their work. This might be an individual who is in the profession you are working toward, or an individual who has a career that naturally engages with ethical dilemmas. Throught the semester you will have the opportunity to craft your questions and write up your interview; your interview questions will include ethical dilemmas related to diversity, inclusion, and social justice.

EXAMS

Mid-term Exam (50 points, Competency 1-9)

Due October 30th

The purpose of the mid-term exam is to check for understanding of key concepts discussed in the first 7 weeks of class. Moreover, the exam will familiarize you with testing that will occur for your professional license and/or certification.

The mid-term will consist of T/F and multiple choice.

Final Exam, (50 points, Competency 1)-9

Due December 20th

The purpose of the mid-term exam is to check for understanding of key concepts discussed in the final 6 weeks of class. Moreover, the exam will familiarize you with testing that will occur for your professional license and/or certification.

The final will consist of T/F and multiple choice.

Guidelines for Writing Assignments

- Please write all assignments in APA format; this includes providing a reference list, if required. Information about APA paper format can be found here:
 https://owl.purdue.edu/owl/research_and_citation/apa6_style/apa_formatting_and_style_guide/general_format.html
- If you are referencing someone else's work in your paper, you must provide an in-text citation. Guidance for APA in-text citations can be found here: https://owl.purdue.edu/owl/research_and_citation/apa6_style/apa_formatting_and_style_guide/in_text_citations_the_basics.html#:~:text=When%20using%20APA%20format%2C%20follow,the%20end%20of%20the%20paper.
- When outside sources are used, ALL references must appear in a reference list at the end of the paper in APA formatting. Information about APA style reference lists can be found here: <u>https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/reference_list_basic_rules.html</u>
- Papers will be graded on accuracy, breadth of content, consideration of social work principles, development of ideas, spelling, and grammar.
- It's always a good idea to use headings in your papers so that your reader can follow the points you are making.
- Spelling and grammar should be checked prior to submitting assignments and discussion posts. Please do not rely on spell and grammar check as your only editorial tools.
- The UWSP Writing Center can provide support: <u>https://www.uwsp.edu/tlc/Pages/Online-Writing-Lab-(OWL).aspx</u>
- I'm happy to provide support around APA style and writing format.